

Freewheeler News

August 2022



August President's Message

By Liz Jennison

The “dog days” of summer hit early this year, with steamy hot days in July. Thanks to our ride leaders for starting rides earlier (including some 6 am TC rides) and making sure that all riders carried 2 water bottles, and that rides had stopping points for riders to rehydrate and refresh!

July, to me, means the Tour de France, with exciting cycling and great scenery from the race helicopters. This year's Tour lived up to all expectations, and also provides us “regular riders” with some lessons in bicycling safety. I saw at least two riders clipped by team cars, one from riding too close along side the car, and the second striking a car that stopped suddenly in front of him. In another incident, the race leader and one of his teammates, in a moment of inattention, got too close and tangled their handlebars, and both fell. Just short lapses of concentration can have significant consequences!

I hope you were aware of the MAFW Fantasy Leagues that our safety coordinator Drew had set up for the TDF. We had just a few participants this year, but I hope we can gain some momentum and have a more spirited competition next year. A rider from my team was involved in a crash and made the decision to continue riding that day. After the stage it was determined that he had a broken bone in his neck and would have to withdraw. Don't be “that guy (gal)” who insists on riding while hurt. We aren't being paid for our efforts. It isn't worth jeopardizing future rides just to “finish this one off”. On a side note, due to this injured rider, I had to use valuable “trading credits” to replenish my TDF team; I'm sure this was a contributor to my poor showing.

Who remembers the MAFW Women on Wheels rides, to encourage more women to join and ride with the club? Well, this summer, women's cycling inspiration was on view for the world as the Tour de France Femmes avec Zwift took to the roads of northern France. The women bike racers “showed their stuff” for 8 days of stage racing, including a final mountaintop finish with grades up to 24%. So next time someone posts a “B terrain ride”, no whining.

As we head towards Labor Day, ride early, ride often, hydrate, and stay safe!

Connect with the MAF Bike Club on Social Media!

Our Facebook Account is <https://www.facebook.com/mafwbcb/>

Like us on Facebook. Please comment and share our status with your friends!

Our Twitter Account is https://twitter.com/MAFW_BikeClub

Follow us on Twitter. Please comment, like or retweet our posts!

Our Instagram Account is <https://www.instagram.com/mafwbcb/>

Follow us on Instagram. Please comment and like our posts!

If you need any social media training or help, please contact Tracy Brown at trabrown@me.com. Sharing our club activities is a great way to promote our club and attract more members. You do not need to have an account on Twitter or Instagram to view our mafwbcb accounts. Cycle safely everyone!

Calling All Photographers!

Do you love to take photos while you ride?

Do you pose at the beginning of rides or at the end for a group picture?

If yes, please send me your photos with a brief description, and I will post on our social media accounts.

You can send them directly to me at trabrown@me.com.

Safe cycling! Thanks, Tracy

Morris Area Freewheelers Foundation CPR and First Aid Course Update

Based on the latest COVID information from some of the most prestigious medical sources, I will not be resuming the Morris Area Freewheelers Foundation sponsored CPR and first aid course this fall as I previously announced.

I'll continue to update you through the Freewheeler News. In the meantime, if you have any questions, you can contact me at **973.557.3118** or robdg01@aol.com.

Ride safe and well,

Rob Greenberg

Submitted by Rebecca Feldman

Learn safe cycling skills, Morristown, Aug. 4 and 6 | Morristown Green

<https://morristowngreen.com/2022/07/25/learn-safe-cycling-skills-morristown-aug-4-and-6/>

Ramble 13 Stats
By Doug McMahon



We had approximately 150 volunteers spread over four rest stops and at Drew University. Special shout out to Marty's Bikes, Trek, REI and Cycle Craft for their monetary and technical onsite support. We only had one serious accident and on a fairly nice, weather-wise day. The dedication of the lead volunteers, supporting volunteers and support from St. Hubert's animal shelter (12 mile stop) and the Pottersville Fire Dept. (rest stop location) should be mentioned as well. We collected over 30 donated bikes to be given to charity.

The final counts for the Ramble are:

Ride Count

12 miles	21
25 miles	82
35 miles	112
45 miles	180
70 miles	178
100 miles	117
33 miles gravel	16
63 miles gravel	28
Total	734

Treasurer's Ramble XIII (2022) Report

Morris Area Freewheeler's Foundation

Revenue and Expenses Jim Nielsen (July 20.2022)

Total Revenue \$64,696.94

Total Expense \$36,812.64

Net Revenue \$27, 884.30

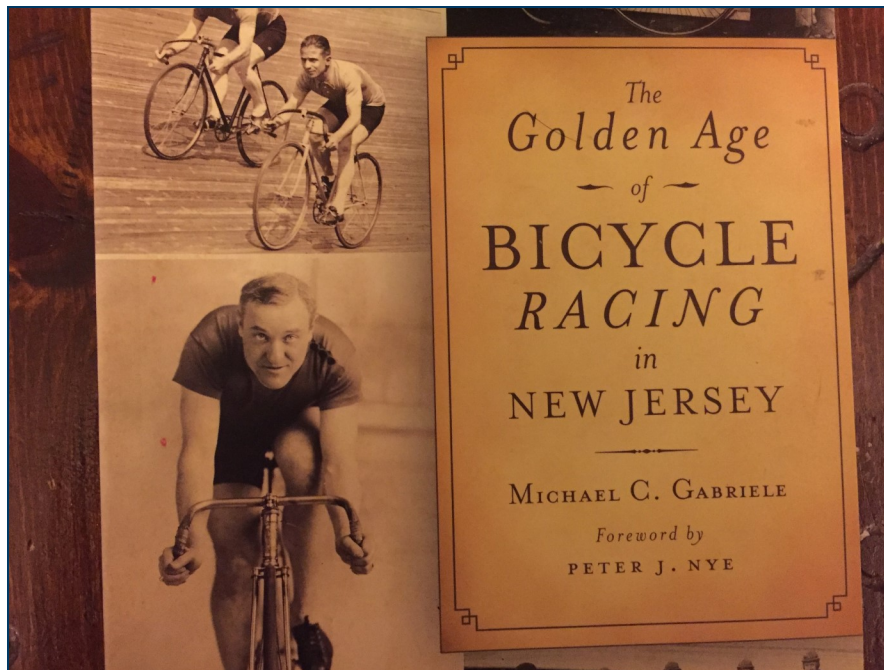
(details available on request)

We welcome the following new members:

Geoffrey	Baird	Bernardsville	2022-07-22
Geoffrey	Silverstein	Bloomfield	2022-07-07
Ed	Jelic	Boonton	2022-01-01
Scott	McClintock	Boonton	2022-02-23
Margaret	Maniscalki	Bridgewater	2022-03-05
Jackie	Beck	Byram Township	2022-03-16
Dan	Gautieri	Cranford	2022-05-26
Peri	Campoli	Dalton	2022-07-28
Darlene	Golinski	Denville	2022-01-13
Brent	Knudson	Denville	2022-02-09
Thomas	Kuntz	Flanders	2022-03-17
Vernon	Bell	Flanders	2022-07-30
Ed	Kopec	Florham Park	2022-05-08
Nancy	Brown	Glen Rock	2022-05-20
Valerie	Anderson	Hackettstown	2022-01-23
Kendrek	Lyons	Hasbrouck Heights	2022-07-26
Tori	Glascok	Highland Park	2022-05-20
Ernie	Zavala	Ledgewood	2022-07-02
Stephanie	Shern	Little Falls	2022-02-26
Carlos	Zapata	Livingston	2022-05-24
Brian	Arrington	Long Valley	2022-07-10
Melissa	Griffie	Madison	2022-06-23
Matt	McDonough	Mendham	2022-06-12
Stephen	Manzano	Mendham	2022-07-29
John	Quinn	Millington	2022-03-10
Elizabeth	Ivell	Morristown	2021-12-26
Henry	Fowler	Morristown	2022-03-03
Hitesh	Patel	Morristown	2022-07-14
Peter	Kashulines	Mountain Lakes	2022-06-28
David	Blitt	New Providence	2022-08-01
Barry	Schwartz	Newton	2022-03-21
Steve	Boykewich	Oakland	2022-06-23
Jeff	Cole	Ossining	2022-06-13
Brick	Ferguson	Princeton	2022-06-10
Keith	Kaplan	Ramsey	2022-08-01
Jay	Morrison	Ridgewood	2022-01-03
Jeff	Briglia	Short Hills	2022-03-12
Justin	Krasnomowitz	Somerville	2022-05-10
Marisa	Coluccio	Staten Island	2022-05-09
John	Vluisi	Staten Island	2022-06-23
Bruce	Perkins	Summit	2022-01-23
Diane	Goodwin	Summit	2022-04-09
Helen	F. Dudar	Trenton	2022-02-27
David	Meseck	Vernon	2022-06-23

Hilary	Crall (C)	Westfield	2022-03-07
Ian	Zieder		2022-04-01
Scott	Sugent		2022-04-01
Deborah	Glazer		2022-04-07
Ish	Abreu		2022-04-07
Erin	Daly		2022-04-14
Dhrupesh	Nayak		2022-04-16
Allissa	Cembrook		2022-04-18
Andrew	Indeck		2022-04-18
David	Sabbarese		2022-04-20
Deborah	Carlson		2022-04-23
Glenn	Storman		2022-04-23
Steven	Greenstein		2022-04-23
Botir	Sharipov		2022-04-25
Eileen	Harrington		2022-04-25
Jeff	Hammond		2022-04-29

In person presentation: When September 20, 2022, 7:00pm—8:00pm **Where** Bernards Township Library
32 South Maple Avenue, Basking Ridge, NJ 07920 Program Room B



Did you know New Jersey is acknowledged as cradle of U.S. cycling, given the state's heritage and legacy in the sport. Enjoy a talk by *The Golden Age of Bicycle Racing in New Jersey* author Michael C. Gabriele as he discusses the 130 years of cycling history in the Garden State, illuminating the people and events that shaped the sport.

Presenter: Michael C. Gabriele is a lifelong New Jersey resident, Gabriele is a 1975 graduate of Montclair State University and has worked as a journalist and freelance writer for four decades. He's a member of the executive board of the Nutley Historical Society and serves on the advisory board of the Clifton Arts Center.

Article submitted by Tony Marchand

A group ride by its very nature does not make the leader liable



James S. Moss, J.D., Recreational Law*

In an article “Be a Fearless Leader” from Bicycling.com (no longer in print) gives the impression that being a group leader in a ride, offering advice, or sprinting at the end is enough to create liability for the leader. **IT’S NOT!**

To be liable, you must be negligent. Negligence has four components. All four components must be proven for someone to be negligent. Those components or steps are:

1. Duty (what the ride leader owes to the other riders)
2. Breach of the Duty
3. Injury proximately caused by the breach of duty
4. Damages

Step one is the major stumbling block in a situation like this. **What duty does a group ride leader owe to anyone else in the group ride? If everyone is riding voluntarily, then there is no duty unless you create a duty!!**

To create a “duty” you must create reliance or a need in someone that you then must fulfill or not ignore. By that I mean in a group ride situation you must say to the other riders either something that makes them think that you are responsible for them. **You must say that the ride is safe or something that takes away their ability to be responsible for their own safety.**

Examples of the first situation would be having someone in the group say something like:

“I’ve checked this route out, and I know it is absolutely safe.”

“You can rely on me; this is a safe route.”

“You will not get hurt on this ride.”

“There will be no cars on the course today.”

An example of the second situation would be:

Run that red light.

In the first situation, you are saying to the people I am the leader, and you can rely upon me for your safety. In the second scenario, you are just being an idiot or a jerk.

The article goes even further. It mentions control and implies that if you pick the route or offer advice, you are in control – NOT SO! What ride doesn't involve giving advice? What group of cyclists can get together and not start making comments and giving advice (a really boring group that's who). For that matter what time would you have to get up to start getting a consensus from a group of cyclists on the route? How would you prepare for a route unless someone picked it in advance?

Why would you go on a group ride if you did not think you could learn something and become a better rider? I would get better if I learned a new route, picked by somebody. If someone does not want to do that route today, say fine, ride whatever you want.

Do Something

The author writes great articles on how to sue people. That is how he makes a living, by suing people, drivers and bicycle manufactures. If you don't want to be sued, get advice from someone who works in that area of the law, preventing lawsuits, not starting them.

Lawsuits get started because you are stupid, mean or nasty 99% of the time. Be nice and you won't have to worry about the lawsuits. For the other 1% of the time make sure your homeowner's insurance and/or automobile policy will cover these situations (something we should all be considering).

Races and big rides where you pay money get sued because they make promises which they fail to keep. **Don't make any promises you can't keep or that you don't want to have the world know about.** Don't run your group ride like a race or tell everyone how the ride is going to be done to get a jersey at the end and you'll be OK.

Give advice (whether it be on safe group ride practices, club protocols, or places of concern on the route) but don't promise things you can't deliver (as mentioned earlier).

I have a better idea. Have everyone in your group ride read that article. Anyone who says they like it, agree with it or think it's right, tell them to go ride with the author because they can't ride with you. Have everyone else read this article and make sure they understand it.



***Recognized as the Go to Lawyer by the Outdoor Recreation Industry**

To read more articles on cycling litigation see:

[Connecticut court works hard to void a release for a cycling event](#)

[New York Decision explains the doctrine of Primary Assumption of the Risk for cycling.](#)

[Release for training ride at Triathlon training camp stops lawsuit](#)

[How to fight a Bicycle Product Liability case in New York. One step at a time.](#)

[Good Release stops lawsuit against Michigan bicycle renter based on marginal acts of bicycle renter](#)

[PA court upholds release in bicycle race.](#)

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Customize Your Route with Short Cuts

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AUG
21**



Register



See website for additional information

Sussex Registration - <https://www.eventbrite.com/e/2022-sussex-county-tour-de-farm-new-jersey-tickets-203442541117>

Sussex County Event
 Saturday, August 27, 2022
 Start/End - Green Valley Farms
 Sussex, NJ

Warren Registration - <https://www.eventbrite.com/e/2022-warren-county-tour-de-farm-new-jersey-tickets-205338923247>

Warren County Event
 Saturday, September 24, 2022
 Start/End - Race Farm
 Blairstown, NJ



ENJOY EITHER THE TOUR DE FARM ROUTES OR THE CHALLENGING TIMED SEGMENT FONDO ROUTES IN ONE OF THE MOST BEAUTIFUL REGIONS IN THE USA!

Ticket Type Descriptions

This event has 3 tickets types: a **Tour de Farm Cycling Ticket** (leisurely bicycle from farm to farm), a **Driving-in-Car Ticket** (bring your family or drive along the route with your friend and drive from farm to farm), and a **Tour de Farm Fondo Cycling Ticket** (bicycle from farm to farm, but have timed racing segments to earn prizes at the end of the event).

Each ticket includes a Breakfast and Lunch.

Dates	TDF Cycling	Fondo Cycling	Driving in Car	Kids < 14 (Driving Only)
Until 12.31.21	\$75	\$99	\$65	\$29
Jan 1 - March 31, 2022	\$85	\$109	\$65	\$29
April 1 - June 30, 2022	\$95	\$119	\$65	\$29
July 1 - August 15, 2022	\$105	\$129	\$65	\$29
August 16 - August 26, 2022	\$115	\$139	\$65	\$29
August 27, 2022 - Day Of	\$135	\$175	\$100	\$29

Photo Gallery



Apres bike at the Readington Brewery and Hop Farm shared by Mark, Bob, Fred, LT, Les, Arnie and Jody.



A patriotic group celebrated Louise's birthday with a bike ride!

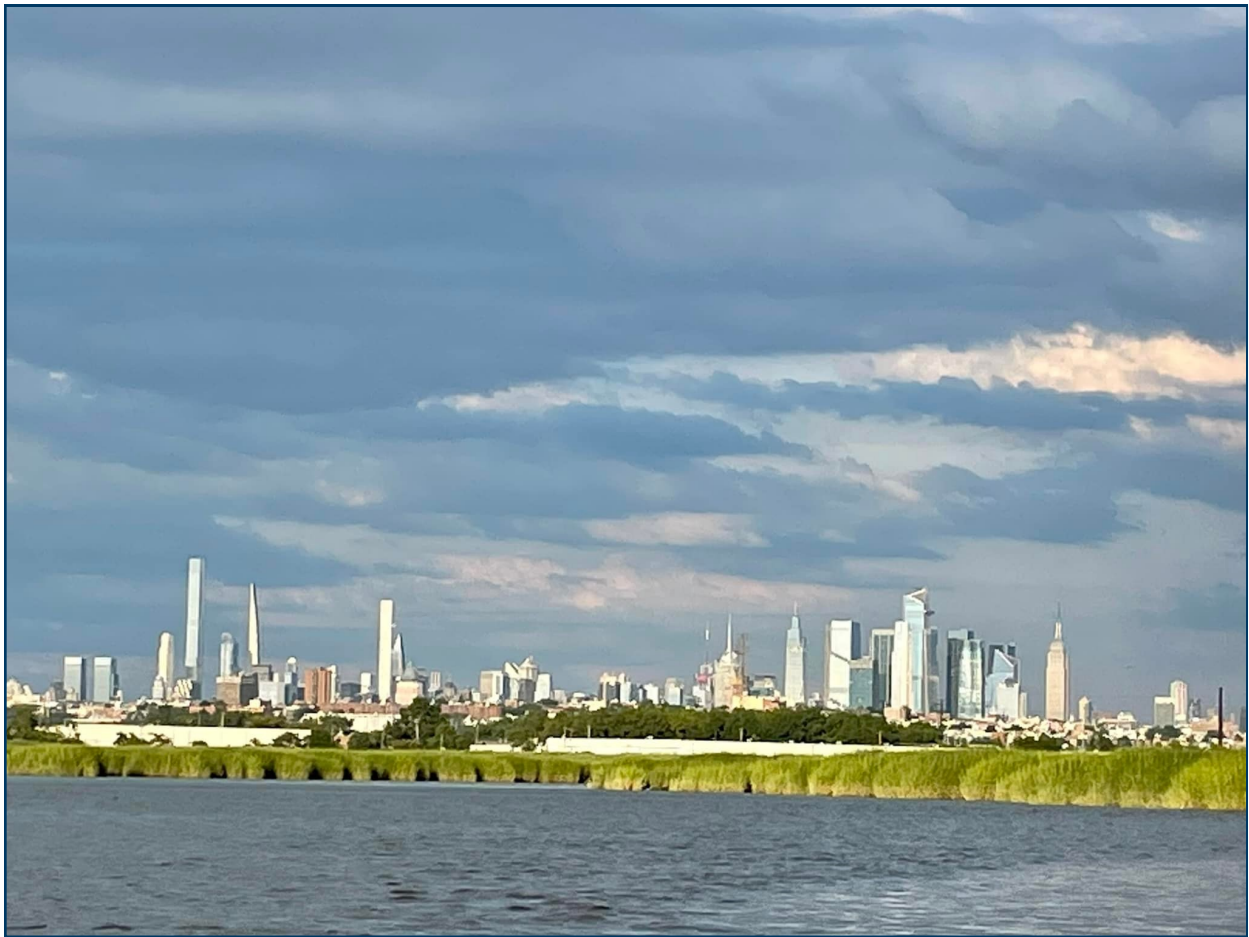


A large group cycled out of Bed One for Petra's birthday ride!



Celebrating an early birthday with a 58 mile ride....some of us did extra, extra miles with Tracy from Ghost Lake.

Fun way to Tour the Meadowlands/Hackensack Meadows at Sunset. The birds were pretty including The Great Grey Heron, Black-crown night heron and Osprey plus others were spotted in the marsh wetlands. Susan and Petra





John Hinton is joined by the Jersey Girls in Williamsburg, VA

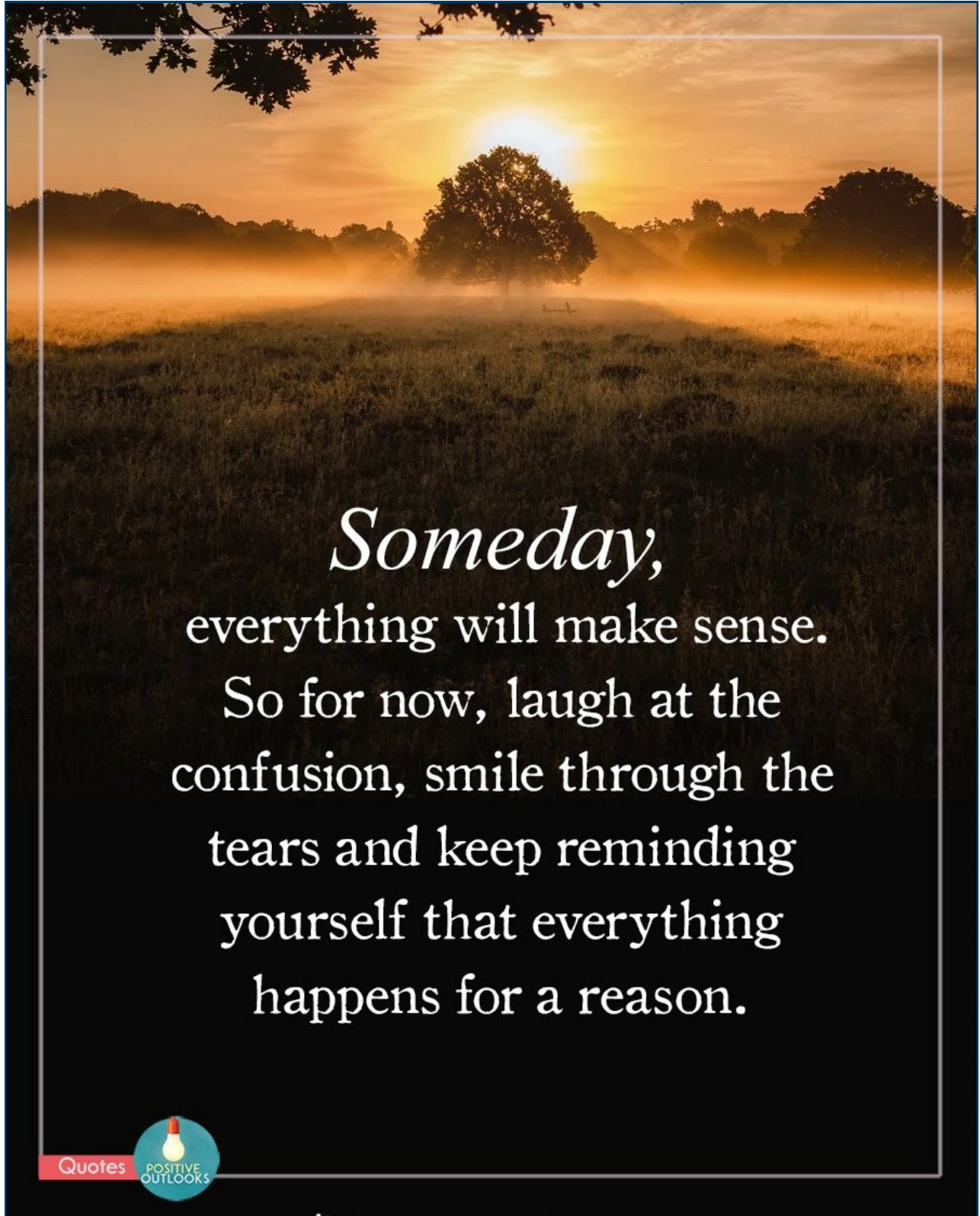


Merritt, Brick, John

MAFW 6AM summer sunrise series continues on Tuesdays and Thursdays out of Loantaka. Perfect temp again today! John Storey is the ride leader and posted as TC rides, but all paces are welcome if you're comfortable riding independently.

New Jersey Lottery Festival of Ballooning Solberg Airport, Readington





Someday,
everything will make sense.
So for now, laugh at the
confusion, smile through the
tears and keep reminding
yourself that everything
happens for a reason.



My Tour De France

Cornering the last corner of my roundabout,
I leaned left pedal up pumping fast
into a cooling breeze and beheld to some
surprise, the cheering of new found fans.

First my mind freaked but later tweaked;
for I knew them not
nor of any plot, which first
I presumed it to be
their rallying cry to me-"Tour De France".

Their cry moved my mind to dance and chance
that I was there and had crossed
its legendary line, victorious upon
my wild wheeled steed, breath gasping,
one hand held high and champagne clasping,
the other raised two fingers forked
and V'eed to feign for them my victory;
in which they'd played an inspiring part,
cheering me on for believing I had biked all France
to Paris in my New Jersey neighborhood park.



JOHN J. BURNS – (Author of “Lifebeats” A Collection of Poems by John J. Burns available from Amazon . Com or from the author directly at email)

MAF Bike Adventures 2022 See website for more detail

The Club designates "as official" a number of cycling trips or one-day events each year. These are funneled through MAF "event coordinators". However, all registrations and travel arrangements are up to each member. These events and trips are open to all members of the Club.

Take a closer LOOK for what it's all about!

If you are interested in becoming an "event coordinator" or would like to organize a tour please notify Mark Jay: adventures@maf.org and it will be added to this list. You do not have to be the MAF leader on the event to have it listed here.

The Club also organizes and sponsors its own event rides and trips such as the Lehigh Valley Trail Ride, the Lake George Tour, the New Member Ride & Lunch and others that are restricted to club members only (residents of the immediate household of members are the only exception). Non-members of the club may participate in club trips by paying an additional \$30 fee to join the club for a one-year membership. These are also captured and listed on this page.

If you went on a Bicycle Adventure in 2021 and would be willing to share your experience with the club, please send Mark a brief-write up (photos encouraged). Adventure write-ups will be submitted to the Newsletter editor and published as space permits.

Here are two recently crafted articles for traveling considerations: [Travel Insurance](#) and [Engaging a Third World Tour Guide](#). Feel free to download or contact me directly should you have any questions. **Please note that these articles have been updated effective March 2022.**

Lastly, we have another listing classified as "OTHER ORGANIZATION RIDES" (where there is no MAF ride coordinator as yet). For those events (which are on a separate page) REFER TO: [Other Organization Events](#). As with Club designated events please notify Mark Jay: adventures@maf.org for inclusion to this category.

Watch this space for events coming in 2022 which MAF members may be interested in attending. If a MAF member has agreed to be the "event coordinator" their contact information is listed. If you are attending a Special Event or Multi-Day tour, please notify Mark Jay (adventures@maf.org) and it will be added to this list. You do not have to be the MAF leader on the event to have it listed here.

People Cycling

This is a new organization that runs multi-day trips. If you want to learn about them or sign up for one of their trips, log onto their website. People Cycling is a recently launched cycling club, which you can join for free, and is led by volunteer ride leaders. We will be offering tours in the United States and overseas. Our tours are made up of a small group of participants (typically 20-30 or so) who want to ride 30 to 55 miles a day over a one or two week period in interesting regions of the world.

Our ride leaders are volunteers and do not financially profit on tours they lead. They are also given broad discretion on how to lead their tours, and we consider them our greatest asset.

People Cycling tours are operated at cost or at lower cost (as negotiated by our ride leaders) than individuals can obtain on commercial tours. Within the cost of a tour, there is a nominal fee to support club operations and provide tools to ride leaders to manage their rides. A lifetime membership in People Cycling is absolutely **FREE**, so please join us and become one of us – we the people, cycling together.

A Car Hits You While You Are On A Club Ride – What You Need to Know About Medical Bills

You are on a Club ride and a car hits you. One thing is for sure: you will need to get medical treatment and to pay for it. That, and nothing else, is the subject of this article¹. And although I am an attorney licensed in the State of New Jersey, this article is not intended as legal advice and should not be taken as such. My purpose in writing is to help you navigate the system intelligently by knowing who is supposed to pay what.

I write on the assumption that you are covered by a New Jersey auto insurance policy for a passenger vehicle². If this is not so, this article is irrelevant to you.

First Important Fact: in New Jersey, your own auto insurer is primarily responsible for paying for your injuries from auto accidents. Your auto insurer. Not your medical/Medicare insurer. Not the “at fault” party’s insurer; New Jersey is a “no-fault” auto insurance state. Thus, if you are covered by a New Jersey auto insurance policy and you are injured in an auto accident, you should first look to your auto insurance carrier.

Second Important Fact: some New Jersey physicians will not treat auto accident victims. This is because those doctors do not accept the compensation set by the “Personal Injury Protection (PIP)” coverage that an auto accident victim gets from his or her auto insurance. (The New Jersey Department of Banking and Insurance promulgates a PIP fee schedule that specifies what a doctor gets paid for specified medical services rendered to a patient who has been in an auto accident. As you may imagine, this schedule is not particularly generous.) If you are making an appointment with a doctor to address post-auto accident medical care, make sure the office knows that an auto accident was the cause! If you accept treatment from that doctor and the doctor’s office has not made appropriate arrangements with your auto insurance carrier, the carrier may refuse to pay and you will be on the hook³.

Third Important Fact: your medical insurance carrier, or Medicare, is secondarily liable for paying what your auto carrier is not required to pay. If – as will usually be the case – you end up with a balance due even after your auto carrier has paid the appropriate amount to your doctor, you should submit that balance to your medical insurance carrier. When you do this, you will need to provide evidence of what your doctor did and charged for and what your auto insurance carrier paid the doctor. Your medical insurance carrier/Medicare will pay benefits in accordance with its contractual/statutory obligations to you.

On this issue, you need to know that some providers of medical services don’t play by these rules. In my case, I was taken to Morristown Hospital by an ambulance service, and you would think that an ambulance service would have the experience to know that it should bill my auto insurance carrier first. It didn’t. It billed my medical insurance carrier, which paid, and it then came after me to pay the unpaid balance of its charges. I told the service that it had made a mistake, and it ignored me. (I am used to this!) I got my auto insurance carrier involved, and the claims manager said this happens all the time. She took the matter on, and I have not heard further.

Fourth Important Fact: you are covered by the Club’s insurance policy! When you report your accident to the Club’s Safety Coordinator (currently Drew Thraen) he will provide you with a claim form. You provide the information they request and they process your claim.

Summary: in all likelihood, if you are unfortunate enough to be struck by a car while you are on a Club ride, you will be covered by three different insurance programs. Deal with them in the correct order – and get better!

Mark Jay (recorder.dulcian@gmail.com)

¹If you want to know about fixing/replacing your bike, getting compensation for your injuries, and getting compensation for wages you lost while you were out of work, talk to a lawyer. But not me.

²If you are hit by a dune buggy or a motorcycle, PIP benefits do not apply. And special rules apply to pickup trucks, vans, panel trucks, etc. I don’t discuss these here.

³If you are treated in a hospital, you won’t have this problem. All New Jersey hospitals accept PIP coverage.

Calendar — see website for details

AUG 13 All day
Break the Cycle of Poverty

AUG 20 All day
SCU SUMMER CENTURY

AUG 21 All day
Ramapo Rally

AUG 27 All day
Sussex County Tour de Farm New Jersey

SEP 9 September 9 - September 12
22nd Annual Lake George Getaway Weekend

SEP 24 All day
Warren County Tour de Farm New Jersey

OCT 2 All day
Giro del Vino [TnT Cycling]

OCT 8 All day
Seagull Century

Lake George Getaway: Friday afternoon September 9 – Monday, September 12, 2022 (Monday is optional)



The 22nd annual Lake George Getaway Weekend (a club favorite!) will take place Friday afternoon Sept. 9 through Monday Sept. 12. Once again, let's hope for nice weather! It again promises to be a great event with some fun activities planned and great dining choices. We will be staying in the lakeside hamlet of Bolton Landing, located 8.5 miles north of the Village of Lake George on the western shoreline. Enjoy the mid-September weather with evenings that can be cool, but the days are almost always warm (sometimes after a chilly morning). There is a facility for storing your bike indoors at the hotel. While this is a cycling weekend, there are lots of off the

bike activities to suit most tastes including hiking, boating, horseback riding, zip line adventures as well as tourist entertainment like sight-seeing cruises, museums and shopping. Everyone will enjoy just sitting on the dock with a drink in hand looking at the view. Check out the options at: www.lakegeorge.com

Advanced registration is required (see "Registration and Fees" below). The event is capped at 20 people to avoid my losing my mind, so sign up early! The resort next door has been purchased and has been leveled to build a private home – so, less guest capacity. Also, this year the car show is the same weekend down in Lake George Village so Northward Ho will be busy. I can't stress enough to book now!

Hotel Reservations:

Home base is the Northward Ho Resort, Bolton Landing, which offers a choice of rooms, efficiencies, or cottages for your accommodations. ***In order to take advantage of the facilities and participate in our picnic and evening entertainment, you need to be a guest at the resort (for insurance reasons).*** Please contact the owner, Don Roessler, at the motel directly to make your reservations and arrange payment.



Northward Ho Resort
Lake Shore Drive
P O Box 464
Bolton Landing, NY 12814
Reservations: 518-644-2158
email: [Northward Ho Resort \(stay@northwardho.com\)](mailto:Northward Ho Resort (stay@northwardho.com))
web site: <http://northwardho.com>

Registration and Fees:

Registration for the weekend event is \$35 per person. Your registration fee includes a wine and cheese reception followed by a buffet dinner on the dock/patio on Friday evening. **Let me know if you have special dietary needs at least a week before the event!** More wine and cheese on Saturday night. Great cue sheets and wonderful rides.

This event is for MAFW members only, however, members may bring non-cycling guests who are residents of their household. Other non-MAFW members wishing to cycle will be subject to an additional fee of \$30 for a one year club membership. Registration and payment including club membership fees for non-members are required in advance. Click here for [Registration Form](#). **Email Glen Hukins glen.hukins@gmail.com with any questions.**

Additional Information:

The cycling is for experienced and self-sufficient cyclists. Cyclists generally form into groups, but there will not be any formal SAG or support. The rides are mostly C terrain and done at a *leisurely to moderate pace*. There will be optional rides available for everyone from "casual" to A terrain. We will be cycling in hilly areas but bypass many hills by cycling along the Schroon River. You will enjoy cycling along Schroon Lake, Trout Lake, Brant Lake, Loon Lake, Beaver Pond, Friends Lake and the Hudson River.

Monday is an open day. You may choose to ride, try some good hiking nearby, or participate in a boat ride **(tentative)** out to one of the beautiful islands for a campfire picnic and, if the water is warm, swimming and tubing. There will be a separate fee to cover the cost of the boat, as explained on the registration form. There are picnic benches on all of the islands.

There will be happy hours Saturday and Sunday. Please BYOB as the wine supplied is not limitless. Should you wish to participate, after happy hour, we may dine at the Algonquin Restaurant (great views of the lake and wonderful food), the Barnsider Restaurant (great BBQ), Cate's Italian Garden or whatever the weather might dictate. One night we may cap off the evening with some highly competitive mini-golf. Better hit the driving range now to practice! We have also been known to have some exciting games of left-right-center.



Bring a windbreaker and tights in case we get some cool off shore winds as well as a rain jacket (just in case, but hopefully will not be needed). And just in case, don't forget a mask! We will observe Covid precautions (masking, social distancing) as appropriate. Spare tubes and bike pump should be standard. For off the bike, plan on bringing clothing covering everything from summer swimming weather to mid-fall chills. Again, the timetable for the weekend will be from Friday afternoon September 9 thru Monday September 12, 2022 with home base at the Northward Ho Resort.

Hope to see you there for some great Adirondack fun.

Contacts:

Glen Hukins
(973) 570-5147
glen.hukins@gmail.com

Club Sponsors

The following businesses are sponsors of the Morris Area Freewheelers Bicycle Club. Sponsors offer varying discount programs. Some of our Club sponsors offer members 10% off the regular prices for parts, accessories and clothing; they are marked with a “%” sign. Additional discounts may also be offered. You may be required to show your membership card at time of purchase. You can print your membership card from the Members’ Area. Some sponsors may offer additional discounts or modify some offers. All sponsors are committed to supporting our communities. Please stop in and let them know you’re a Freewheeler. Not listed? Interested in sponsoring the Morris Area Freewheelers Bicycle Club? Sponsorship open to bike shops, health care providers (massage, chiropractic, PT, MDs), and other businesses or organizations helpful to our 600+ Club members in six Northern NJ counties. Please contact Marvin Schwinder. email: membership@mafww.org

***A rebate which is redeemable twice a year is offered to all customers at all Marty’s Reliable Cycle stores. This offer includes all purchases and bicycles.

Members who lead ten (10) or more rides between October 1, 2021 and September 30, 2022 will receive a volunteer ride jersey or \$50 gift card at any of the sponsored bike shops.

CHATHAM, NJ

Bikeland – %

146 Main St.
973-635-8066

LINCOLN PARK, NJ

Bicycle Tech

2 Station Road, Suite A
973-694-6775

CLINTON, NJ

Clinton Bicycle Shop – %

51 Main St.
908-735-5451

MORRISTOWN, NJ

Marty’s Reliable Cycle (Morristown) ***

182 Ridgedale Ave
973-584-7773

FLORHAM PARK, NJ

The Bicycle Store – %

183 Ridgedale Ave
973-377-6616

PARSIPPANY, NJ

Cycle Craft – %

99 Rt 46 East
973-227-4462

HACKETTSTOWN, NJ

Marty’s Reliable Cycle (Hackettstown) ***

160 Main St.
908-852-1650

RANDOLPH, NJ

Marty’s Reliable Cycle (Randolph) ***

146 Main St
973-584-7773

STIRLING, NJ

Trek Bicycle Stirling – %
393 Main Ave
908-647-2010

NEWSLETTER SUBMITTALS & MISCELLANEOUS INFORMATION

The submittal deadline for all articles is **no later than the 24th of the month** to the Newsletter Editor.
email: newsletter@mafww.org

We will be running a monthly classified section where members can list bike related items for sale. Please send submissions **no later than the 24th of the month** to Ron Salny vetteman48@aol.com and he will forward them on for listing in the following month's newsletter. Please include a description of the item, asking price and your contact information so a buyer can deal directly with the seller. The items will run for one insertion and automatically be dropped unless a request is received by Ron to continue for the next month.

Members wishing to add a new tour (cue sheet) to be used for a scheduled ride should contact the Ride Coordinator:
email: ridecoordinator@mafww.org

Members wishing to add a new event (special trip) ride should contact the Adventures Coordinator:
email: adventures@mafww.org

CLUB OFFICERS

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